

The Psychic Pathway Workshop

Based on the book from Sonia Choquette

All people are psychic, do you want to get started on your pathway?

6 week program for 90 minutes each Tuesday night (7:30pm – 9:00pm)
This workshop is open to all, but perfect for beginners that are just starting.

6 week workshop fee \$145.00 (includes book)

Workshops will be held at: Hope Grown Center, Kenilworth, NJ
Phone 732-543-8111

Dates: Oct 5, 12, 19, 26, Nov 2, 9
RSVP by- Sept 24, 2010 To RSVP: Contact Mark 732-543-8111

A practical step-by-step, 6-week, interactive program that teaches you how to develop the intuitive sense that lies within you and to live in accordance with the soul's purpose by discovering your center of spiritual power. **The Psychic Pathway** refines intuition into a life-enhancing tool that can be used every day.

The workshop will be made up of the following-

- Review the book, Background on Sonia Choquette, Handouts
- Talk about mediumship
- Exercises to be done in class and at home
- Guided meditations (Chakras, Guides, Records)
- Lessons learned, Review of the basic principles
- How to meditate
- Keeping a journal
- Clearing blocks
- Q & A time at the end of each class
- Forgiving and Accepting
- How to be aware of others' energy
- Grounding and protection
- Talk about crystals, tarot cards and other card decks and tools
- Review of the Aura and your Chakras
- Angels, guides and master teachers

The workshop will be lead by Mark Rawson, Psychic, Medium and a Usui Reiki II energy healer. He was a Member of The Psychic and Mediumship Development Group of New Jersey. Mark is the Founder of the Spiritual Journey web site and online store.



WebSite: www.spiritualjourneynj.org